



DURHAM CATHEDRAL

Regional and National Advice and Support Contacts

Durham Constabulary

101 (or 999 if an emergency)

www.durham.police.uk

Victim Care

0303 0401 099 (9am– 5pm Mon to Fri)

www.victimcareandadvice.service.uk

An independent charity helping people cope with the effects of crime, by providing free and confidential support and information.

Durham County Council Housing Solutions

03000 26 8000

www.durham.gov.uk/housingsolutions

If someone is homeless or threatened with homelessness within 28 days, Housing Solutions can offer advice and assistance.

Harbour

03000 20 25 25 (24 hours)

www.myharbour.org.uk

Harbour Support Services provide free, confidential advice and support to both men and women who are experiencing domestic abuse in County Durham or Darlington.

First Contact

03000 26 79 79 (8.30am to 5pm Monday – Thursday, 8.30am to 4.30pm Friday). In emergency situations, a duty officer is available on the same number outside office hours.

www.durham.gov.uk/firstcontact

If there is a concern for a child or young person's welfare, First Contact can bring together Children's Services staff with partner agencies.

National Centre for Domestic Violence

0800 970 2070

www.ncdv.org.uk

Text NCDV to 60777

The National Centre for Domestic Violence provides a free, fast, emergency injunction service to survivors of domestic violence regardless of their financial circumstances, race, gender or sexual orientation.

Sorry's Not Enough

www.sorrystnotenough.co.uk

Sorry's Not Enough is a campaign supported by a range of agencies which cover County Durham and Darlington.

National Domestic Violence Helpline

0808 2000 247 (24 hours)

www.nationaldomesticviolencehelpline.org.uk

The 24 hour National Domestic Violence Helpline, run in partnership between Women's Aid and Refuge, is a national service for women experiencing domestic abuse, their families, friends, colleagues or others calling on their behalf.

Action on Elder Abuse

0808 808 8141

www.elderabuse.org.uk

Action on Elder Abuse work to protect and prevent the abuse of vulnerable older adults.

Halo Project

01642 683045 (9am to 5pm Monday – Friday)

www.haloproject.org.uk

The Halo Project supports those at risk of honour based violence, female genital mutilation and forced marriage who live in the North East.

Men's Advice Line

0808 801 0327 (9am to 5pm Monday – Friday)

www.mensadvice.org.uk

Offers advice and support for men in abusive relationships, both those experiencing violence and abuse from partners, and those concerned about their own violence.

Stonewall

0207 593 1850

www.stonewall.org.uk/help-advice/criminal-law/domestic-violence

A support service for LGBT people, offering support on a range of issues including domestic violence.

Wear Valley Women's Aid

01388 600094 (24 hours)

www.wvwa.co.uk

WWVA is a support service for women and children who have been subjected to domestic abuse, and includes outreach support as well as refuge-based services.

If U Care Share Foundation

0191 387 5661

www.ifucareshare.com

An independent charity specializing in suicide prevention, intervention and bereavement support.